

## Footwear Selection

The correct shoe is essential in assisting the function of your feet and preventing foot related injuries. We assess the function and fit of your footwear and analyze wear patterns to match your particular foot type.

Often as we age our footwear needs change and we may require slightly roomier, softer shoes to accommodate any toe or foot deformities.

We are up-to-date with the current research and trends surrounding the function of footwear; however do not necessarily partake in the hype that is created by new concepts. Many years of experience has taught us that a common sense approach to recommending footwear for clients, on a case by case basis to suit their individual needs, works best.



Clever marketing can make it difficult for the consumer to make the correct choice for their individual feet and that is why it is important to get professional advice especially if you have a foot or leg injury.